

# The Breakfast Club

all our Big Breakfast is served with your choice of coffee or tea

#### THE BIG BREAKFAST | 79

two eggs your way, beef Cumberland sausage, beef bacon, baked beans, sautéed spinach, cherry tomato, mushrooms, hash brown, multigrain/sourdough toast

#### ARABIC BIG BREAKFAST 6 | 79

two eggs your way, grilled halloumi, feta makdous\*, labneh, tomato, cucumber, Arabic bread \*option to replace feta makdous with foul medames





#### BIG KETO BREAKFAST • | 85

two eggs your way, beef patty, beef bacon, avocado, sauteéd spinach, mushroom, cherry tomato

#### HEALTHY BIG BREAKFAST | 85

two eggs your way, smoked salmon, avocado, turkey pastrami, fresh berries, rocket, tomato, multigrain/ sourdough toast

#### VEGAN BIG BREAKFAST ♥ | 79

scrambled tofu, plant-based patty, baked beans, mushrooms, cherry tomato, sautéed spinach, vegan and **gluten-free** bread

## **Avocado Lovers**

#### SPINACH & AVO ON MUSHROOM 6 6 59

two eggs your way, sliced avocado, sautéed spinach, sumac on portobello mushroom

#### AVO SMASH & SMOKED SALMON | 69

two eggs your way, avocado & thalaga cheese smash, tomato, rocket, smoked salmon on multigrain/sourdough toast

#### AVO SMASH & CHORIZO 0 | 69

two eggs your way, avocado & thalaga cheese smash, chorizo, tahini yoghurt, cherry tomato, chilli flakes on multigrain/sourdough toast

# TOFU SCRAMBLE & AVO ON MUSHROOM ♥ | 55

scrambled tofu, garlic, turmeric, mixed bell peppers, spinach, avocado, sumac on portobello mushroom

#### AVO ON TOAST 4 | 46

avocado, rocket, thalaga cheese, pomegranate pearls, Arabic spices on multigrain/ sourdough toast



Spinach & Avo On Mushroom









## **Famous Breakfast**

#### SHAKSHOUKA / 62

baked eggs, mozzarella, spiced tomato & bell pepper sauce, thalaga cheese, za'atar, pine nuts, Arabic bread

#### MAKE YOUR FAVE OMELETTE | 52

3 egg omelette, served with rocket, multigrain/sourdough toast and three toppings of your choice

#### Choose your toppings:

beef bacon | chorizo | mixed bell peppers | cherry tomato mushrooms | spinach | mozarella cheese | thalaga cheese

#### **EGGS BENEDICT**

two eggs your way, hollandaise, rocket, multigrain/sourdough toast

<ul> <li>Turkey Pastrami Eggs Bene</li> </ul>	65
<ul> <li>Smoked Salmon Eggs Bene</li> </ul>	72
<ul> <li>Spinach &amp; Mushroom Eggs Bene </li> </ul>	62
Bacon Eggs Bene	65

#### CHILLI SCRAMBLED EGGS 40 55

two scrambled eggs, feta makdous, cherry tomato, rocket, pesto, fresh chilli, multigrain/sourdough toast

# Top up your brekkie!

beef bacon	+20	avocado	+1
beef sausage	+20	avocado smash	+1
chorizo	+15	spinach	+
turkey pastrami	+20	mixed bell peppers	+
smoked salmon	+25	cherry tomato	+
foul medames feta makdous	+10 +10	mushrooms	+
halloumi	+10	egg your way	+1
thalaga cheese	+8	hash brown	+1
mozzarella	+8	hollandaise sauce	+



# **Light Breakfast**

# AÇAÍ BOWL ♥ | 55

acai berry puree, peanut butter, banana, strawberry, blueberry, coconut chips, pumpkin & chia seeds

#### CHIA BERRIES PUDDING # | 46

maple & coconut milk infused chia seeds, blueberries, strawberries, raspberries, coconut chips

# **Sweet Breakfast**

#### CINNAMON FRENCH TOAST 6 54

brioche French toast, berries, cinnamon, ricotta, caramel sauce, icing sugar

#### BERRY NUTELLA PANCAKES 6 62

pancakes, nutella, mixed fresh berries, crushed pistachio, chocolate sauce













# Salads & Bowls

#### KETO BOWL 6 0 75

grilled chicken, baby spinach, roasted pumpkin, broccolini, French beans, avocado, sesame seeds, chilli flakes, lettuce, cherry tomato, tahini yoghurt, thalaga cheese, sumac, pomegranate pearls, za'atar

#### CHICKEN BOWL | 64

chicken, jasmine rice, avocado, mango, spring onion, tomato, edamame, sesame seeds, lemon, teriyaki sauce, sriracha or wasabi mayo

#### SALMON BOWL 6 | 89

grilled salmon, jasmine rice, avocado, mango, cucumber, edamame, chilli flakes, teriyaki sauce, sriracha or wasabi mayo

#### TOFU BOWL \* 59

tofu, quinoa, edamame, red cabbage, carrot, portobello mushroom, garlic, maple syrup, Korean chilli sauce, sesame seeds, balsamic glaze

#### PUMPKIN & VEGAN FETA \* 69

roasted pumpkin, vegan feta, spinach, quinoa, cherry tomato, cabbage, pine nuts, sultanas, crushed pistachios, Italian dressing

#### POMEGRANATE & DATE 6 69

pomegranate pearls, baby spinach, rocket, fresh dates, crushed pistachio, thalaga cheese, quinoa, orange zest, Italian dressing

#### CAESAR'S | 59

lettuce, bacon bits, croutons, poached egg, parmesan, Caesar dressing

#### QUIN-ON YOU | 68

chicken, quinoa, baby spinach, cabbage, carrot, snow peas, thalaga cheese, Italian dressing

#### PRAWN & AVO 6 69

roasted prawns, avocado, fresh mango, cherry tomato, lettuce, pomegranate pearls, lemon dressing

# Top up your salad!

chicken	+20	turkey pastrami +20
smoked salmon	+25	prawns +20
salmon skin on	+30	avocado +15
chorizo	+15	vegan feta +15

# **Shares & Soups**

## KOREAN CHICKEN BITES 6 49

fried chicken, sweet & spicy gochujang sauce, spring onion, sesame seeds

#### BUFFALO WINGS 6 | 52

chicken wings, celery, spring onion, blue cheese sauce choose your spice: plain, barbecue or peri-peri

## TRUFFLE PARMESAN FRIES / 32

French fries, black truffles, shaved parmesan, spring onion

# MAC 'N CHEESE CROQUETTE # © | 42

mac and cheese croquette, sriracha mayo sauce, rocket

#### ARANCINI / 39

rice balls, tomato sauce, rocket, parmesan

# GARLIC FLATBREAD \* 39

gluten-free flatbread, garlic, olive oil, parsley













#### MOROCCAN LENTIL SOUP 4 39 green lentils, chickpeas, Moroccan traditional spices

# CHICKEN KALE SOUP | 45

chicken, kale, carrots, onion, chickpeas, vinegar, garlic bread/sourdough bread

Burgers, Wraps & Sandwiches served with fries

#### **G'IGNATURE BURGER | 74**

beef patty, beef bacon, cheese, pickles, lettuce, burger sauce, mustard mayo, potato bun, served with fries/sweet potato fries

#### CRISPY CHICKEN BURGER | 69

breaded crispy chicken, burger sauce, Caesar dressing, lettuce, tomato, cheddar cheese, warm potato bun, served with fries/sweet potato fries

#### PLAN(E)T BURGER ♥ | 74

plant-based burger patty, vegan mayo, lettuce, tomato, vegan **gluten-free** bun, served with fries/sweet potato fries

#### TURKEY CLUB SANDWICH | 65

turkey pastrami, beef bacon, fried egg, lettuce, tomato, mayo, ketchup, served with fries or sweet potato fries



# Add more to your stack!

beef patty +25 avocado +15 beef bacon +20 mushroom +8 mozzarella +8 egg your way +10 cheddar cheese +8 gluten-free bun +6 vegan feta +15



#### HALLOUMI WRAP 1 56

crispy halloumi, pesto, cherry tomato, rocket, olives, served with fries/ sweet potato fries

#### CRISPY CHICKEN WRAP | 58

breaded chicken sliced, Caesar dressing, mozzarella, lettuce, tomato, served with fries/ sweet potato fries

#### CHICKEN AVO CAESAR WRAP | 58

grilled chicken, avocado, rocket, tomato, Caesar dressing, mozzarella, served with fries or sweet potato fries







# Pasta served with garlic bread

#### CHICKEN ALFREDO | 64

creamy penne pasta, grilled chicken, portobello and button mushrooms, parmesan cheese, pesto

#### CLASSIC CARBONARA | 65

spaghetti, beef bacon, garlic, cream sauce, egg, parsley, parmesan cheese

#### PENNE ARRABBIATA 🐠 | 58

penne pasta, spicy tomato sauce, pesto, parmesan cheese

#### TRUFFLE FETTUCCINE 6 | 72

fettuccine pasta, creamy black truffle sauce, button mushrooms, parmesan cheese, parsley

#### PRAWN SPAGHETTI ♥ | 72

spaghetti pasta, sautéed prawns, garlic, chilli, butter, parsley, lemon rind

#### SPAGHETTI CHORIZO AGLIO OLIO ❷ | 66

spaghetti, chorizo, garlic, onion, chilli flakes, parsley, parmesan cheese

#### PESTO PASTA 💗 | 66

spaghetti, vegan pesto, garlic, button mushrooms, spinach, cherry tomato, basil









# Pizza

MARGHERITA / 54

tomato sauce, mozzarella, parmesan, basil

#### VEGAN MARGHERITA ♥ | 62

vegan and gluten-free base, tomato sauce, basil, vegan mozzarella, vegan cheddar cheese

#### PEPPERONI | 62

tomato sauce, beef pepperoni, mozzarella, rocket

#### BLACK TRUFFLE | 72

black truffle sauce, mozzarella, mushroom, cherry tomato, baby spinach

#### HAWAIIAN 64

turkey pastrami, pineapple, mozzarella, tomato sauce

#### BBQ CHICKEN | 64

grilled chicken, bell peppers, onion, mozzarella, barbeque sauce

# Make it your way!

gluten-free base +8 vegan mozzarella +12 avocado +15 vegan feta +15 pineapple pepperoni +15 mushroom +8 chicken +20 olives beef bacon +20

# Mains

#### ZA'ATAR GRILLED CHICKEN 6 | 79

za'atar chicken, quinoa, baby potatoes, baby spinach, garlic, kale, yoghurt tahini dressing, crushed pistachio, chilli flakes

#### CHICKEN CASHEW NUT ❷ | 71

stir-fried chicken, bell peppers, onions, signature sauce, dried chilli, cashew nuts, spring onion, served with steamed rice

#### TERIYAKI SALMON | 97

grilled salmon, teriyaki sauce, garlic, avocado, edamame, baby broccolini, cherry tomato, sesame seeds, served with steamed rice



# Pumpkin and Chickpea Curry

#### THAI GREEN CURRY 9 | 71

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chicken, Thai green curry sauce, snow peas, broccolini, red capsicum, lime leaf, basil, served with steamed rice

#### CHICKEN KATSU CURRY | 69

crumbed chicken, Japanese katsu sauce, seaweed, served with steamed rice

#### PUMPKIN & CHICKPEA CURRY # 0 | 59

roasted pumpkin, chickpeas, spinach, chilli flakes, cherry tomato, coconut milk curry, cumin, turmeric, onion, garlic, coriander, served with steamed rice

#### PEANUT TOFU 164

tofu, bell peppers, broccolini, snow pea, vegan peanut butter sauce, lime leaf, coriander, served with steamed rice

## HARISSA SALMON **♦ ⊘** | 91

grilled salmon, kale, fennel, edamame, cherry tomato, radish

#### FISH 'N CHIPS | 71

battered crispy fish fillet, served with fries and tartar sauce

#### CHICKEN SCHNITZEL | 71

crunchy breaded chicken, fennel, cabbage, carrot, edamame, radish, rocket, lemon, parmesan, Italian dressing, mayonnaise

#### CHILLI NON CARNE \* 68

vegan mince, vegan feta, tomato sauce, salsa, lemon, lettuce, avocado, fresh chilli, coriander, cilantro rice



Chicken Schnitzel

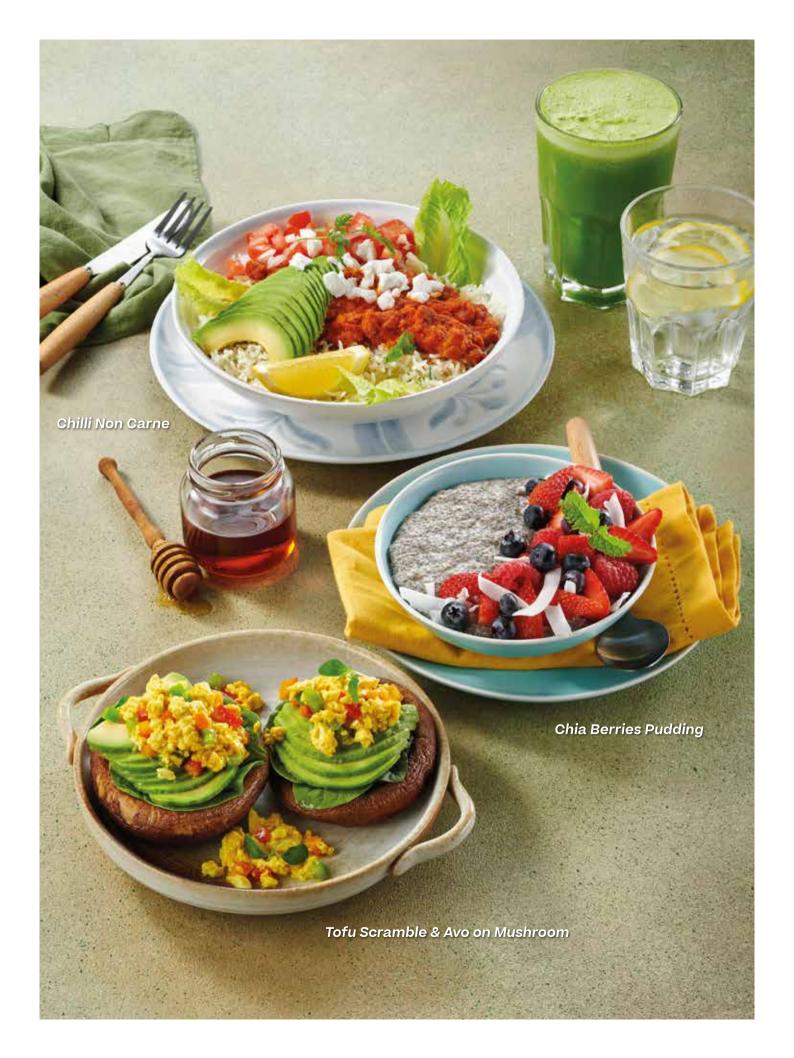












# Vegan

#### VEGAN BIG BREAKFAST ₩ | 79

scrambled tofu, plant-based patty, baked beans, mushrooms, cherry tomato, sautéed spinach, vegan and **gluten-free** bread, with coffee or tea

# TOFU SCRAMBLE & AVO ON MUSHROOM ♥ | 55

scrambled tofu, garlic, turmeric, mixed bell peppers, spinach, avocado, sumac, portobello mushroom

# AÇAÍ BOWL ♥ | 55

acai berry puree, peanut butter, banana, strawberry, blueberry, coconut chips, pumpkin & chia seeds

#### CHIA BERRIES PUDDING ♥ | 46

maple & coconut milk infused chia seeds, blueberries, strawberries, raspberries, coconut chips



#### TOFU BOWL \* 59

tofu, quinoa, edamame, red cabbage, carrot, portobello mushroom, garlic, maple syrup, Korean chilli sauce, sesame seeds, balsamic glaze

#### PUMPKIN & VEGAN FETA \* | 69

roasted pumpkin, vegan feta, spinach, quinoa, cherry tomato, cabbage, pine nuts, sultanas, crushed pistachios, Italian dressing

# GARLIC FLATBREAD 19 39

**gluten-free** flatbread, garlic, olive oil, parsley

## PLAN(E)T BURGER ♥ | 74

plant-based burger patty, vegan mayo, lettuce, tomato, vegan **gluten-free** bun, served with fries/ sweet potato fries



Pumpkin & Vegan Feta Salad

#### PESTO PASTA 💗 | 66

spaghetti, vegan pesto, garlic, button mushrooms, spinach, cherry tomato, basil

#### VEGAN MARGHERITA PIZZA 🖤 | 62

vegan and **gluten-free** base, tomato sauce, basil, vegan mozzarella, vegan cheddar cheese

#### PEANUT TOFU \* | 64

tofu, bell peppers, broccolini, snow pea, coriander, vegan peanut butter sauce, lime leaf, served with steamed rice

#### CHILLI NON CARNE \* 68

vegan mince, vegan feta, tomato sauce, salsa, lemon, lettuce, avocado, fresh chilli, coriander, cilantro rice





Blackcurrant & Hibiscus | Jade Sword Green Tea





# **Smoothies**

GREEN FUEL spinach, celery, broccoli, mango, banana, pineapple	38
VERY BERRY raspberry, blueberry, banana	38
TROPICAL BREEZE mango, pineapple, passion fruit	38
DRAGON TANGO dragon fruit, strawberry, mango	38
MIDNIGHT BOOST activated charcoal, blackcurrant, blackberry, blueberry, cherry	38
NUTTY DATE PROTEIN SHAKE vegan protein powder, banana, dates, peanut butter, coconut milk, coconut chips	44



# **Handcrafted Sodas**

PASSION FRUIT MOJITO	36
LEMON & MINT MOJITO	36
MIXED BERRY MOJITO	36
HOMEMADE GINGER ALE	29



# **Juices** LEAN GREEN POWER 38 celery, kale, spinach, ginger, apple 38 **DRINK YOUR GREENS** spinach, ginger, celery, orange 36 ORANGE BOOSTER carrot, orange, ginger **ORANGE** 32 32 CARROT APPLE 32

# **Iced Teas**

MANGO SHAKEN ICED TEA 29

PASSION FRUIT 29
SHAKEN ICED TEA

BERRY SHAKEN ICED TEA 29



# Sodas & Water

PEPSI, DIET PEPSI	16	STILL WATER	small   large
MOUNTAIN DEW	16	Local	11   18
MIRINDA	16	Imported	16   21
	10	SPARKLING WATER	
7 UP	16	Local	14   22
		Imported	16   26

